

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ciska Bouwer**

Has successfully participated & completed the  
**17km FRESH Kaapsehoop Mountain Ultra**  
held at Kaapsehoop Horse Trails.

**TIME 02:54:38**

**PACE 10:15/km**  
**OVERALL 46 of 78**

**GENDER 23 of 43**  
**< 60 4 of 12**

12 August 2023, Sat

Date



*BoutTime*

Signature

